

OUR VOLUNTEERS HAVE OVER 100 YEARS COMBINED YOUTH TOURNAMENT EXPERIENCE!!!!!!!!!!

2nd ANNUAL MOUNTAINEER YOUTH TAKEDOWN TOURNAMENT

Date: December 12, 2009

Place: Liberty (Harrison) High School (directions available on the WVMAT.COM Liberty team page.)

Time: Weigh-Ins 7:00am to 8:30am Scratch meeting at 8:45am
4 & U wrestling will begin as soon as their brackets are set

Divisions:	4&Under	35,40,45,50
	5&6	35,40,45,50,55,60,65,75,HWT (Max 100)
	7&8	45,50,55,60,65,70,75,80,85,HWT (Max 110)
	9&10	55,60,65,70,75,80,85,90,95,105,HWT (Max 145)
	11&12	65,70,75,80,85,90,95,100,105,110,120,130,HWT (Max 175)

Eligibility: Age as of December 12, 2009. No weight allowance. You may enter only one weight/age division.
Maximum of 250 entries.

Entry Fee:All entries must be **received** by December 8, 2008 by 9:00 PM. \$15.00 for e-mail and mailed entries. **\$20.00 for call-ins. \$20.00 to move up in weight.** Make checks payable to **Liberty High School Athletic Boosters .**

Rules: Modified WVSSAC rules. One three minute round. Sudden Death O.T. Copy of rules available on www.wvmat.com

Misc: Food will be served all day. One coaches pass per 10 wrestlers. No refunds. Double elimination. No weigh-ins the night before. No walk-ins. Weight classes may be combined. Brackets will not be split.

Awards: Individual Trophies 1st-3rd place. Medals for 4th. Team Trophies: 1st and 2nd place. Participation ribbons will be awarded.

Information:Entries can be sent by e-mail to LHSWrestles@aol.com If you do not receive e-mail confirmation that your e-mail entry has been received, it was not!

Or Call Kevin Anderson at (304) 476-3099

Or G. N. Janes at (304) 624-1556

Admission Price: \$3.00 Adults, \$2.00 Students

MAIL ALL ENTRIES TO: G. N. JANES
609 ILLINOIS AVE
NUTTER FORT, WV 26301

Age Division: (Please Circle) **4&Under** **5&6** **7&8** **9&10** **11&12**
Weight Class (See above)_____ Birthdate_____

Name_____ Phone_____

Team_____ 2008-2009 record_____

Enter me in the Mountaineer Takedown Tournament. I hereby waive all claims to injury and damage which I may have against Liberty High School as a result of this tournament

Wrestler sign_____ Parent Sign_____

AN EXCELLENT WAY TO EMPHASIZE TAKEDOWNS EARLY IN THE SEASON!!!

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Date: December 12, 2009

Time: Weigh-ins at 7:00AM

Wrestling will begin as soon as the scratch meeting for the 4&U age group is finished. Please see the entry form posted on www.wvmat.com or contact G. N. Janes at (304) 624-1556 or LHSWrestles@aol.com for any additional questions.

RULES:

This is a takedown tournament. The following rules will be used.

All scoring and rules will be consistent with current WVSSAC regulations with the following exceptions:

1. There will be ONE three minute period. All overtime bouts will be sudden death until the first takedown is scored.
2. Wrestlers will begin on their feet.
3. After securing a takedown, the offensive will be given two points, and have approximately 10 seconds to place his opponent in an eminent nearfall situation.
4. If the wrestler does not put an opponent in a nearfall position within the allotted 10 seconds, the bout will be stopped, and both wrestlers will be placed on their feet, with neither wrestler receiving additional points.
5. At any time, if a wrestler meets secures a fall, the bout will be stopped and that wrestler will be declared the winner.
6. At any time, if wrestling goes out of bounds, both wrestlers will resume wrestling in the neutral position and no additional points will be awarded.
7. No points will be awarded for an escape or reversal, but in the event of a reversal the new offensive wrestler will be given approximately 10 seconds to place his opponent in a nearfall situation.
8. If at any time a wrestler is winning by more than ten (10) points, he or she will be declared the winner by technical fall.